

# CURRENT RESEARCH TOPICS IN PHARMACY:

*An Overview of Novelties in Cancer Treatment*



February 15<sup>th</sup>, 2024

## FIRST SESSION

10:00-11:30 AM

Moderator:  
*Betül  
OKUYAN*

Welcome  
*Prof. Hatice Kübra ELÇİOĞLU*

*Natural products mediated targeting of deregulated signaling pathways for chemoprevention of carcinogenesis and metastasis*  
*Prof. Ahmed Ammad Farooqi*

Mesoporous silica nanoparticles: A smart tool for biomedical applications  
*Assoc. Prof. Fahima Dilnawaz*

Phytosomes: A Dynamic Innovation in Cancer Treatment  
*Assoc. Prof. Dhanashree Sanap*

## SECOND SESSION

13:00-14:30 PM

Moderator:  
*Ceyda EKENTOK  
ATICI*

Increased awareness of sex and gender as modulators of cancer risk and outcome is required among cancer researchers  
*Assoc. Prof. Berna Özdemir*

*Management of oral chemotherapy-related problems in cancer patients*  
*Pharmacist Elif Aras Atik*

Cervical Cancer Treatment and HPV Vaccination: Preventive Priority for Future Generations  
*Assoc. Prof. Sneha Agrawal*

## THIRD SESSION

15:30-17:00 PM

Moderator:  
*Esra TATAR*

Exploring new drug delivery avenues for targeted and localized cancer therapy through advanced nanotherapeutics  
*Assist. Prof. Monika Dwivedi*

Plectranthus: A Valuable Source of Bioactive Compounds for Therapeutic Applications  
*Assoc. Prof. Patricia Rijo*

Targeted delivery of ligand-displaying exosomes using RNA nanotechnology for breast cancer  
*Dr. Burcu Üner*

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# **PHYTOSOMES: A DYNAMIC INNOVATION IN CANCER TREATMENT**

**Dhanashree P. SANAP<sup>ID</sup>\***

<sup>1</sup>Department of Pharmaceutics, Faculty at Bharati Vidyapeeth's College of Pharmacy,

Mumbai University, CBD Belapur, Navi Mumbai 4000614, India

dhanashree.sanap@bvcop.in

\*Corresponding and presenting author

Phytosomes present a promising avenue for revolutionizing the administration of herbal medications, particularly in the context of cancer treatment. This innovative approach involves enhancing the absorption and creating a unique dosage form for plant extracts through the incorporation of phosphatidylcholine. In contrast to pharmaceuticals derived from synthetic compounds, phytosomal systems hold significant potential for elevating therapeutic efficacy while concurrently mitigating adverse effects, making them particularly relevant in cancer therapy. Within the realm of phytotherapy, the focal points lie in the production and utilization of phytosomes as advanced delivery systems for cancer treatment. Critical evaluation factors such as particle size, zeta potential, and entrapment efficiency play a pivotal role in determining the effectiveness of phytosomal formulations. Thorough assessments of these parameters are essential to ensure the optimal quality and efficacy of phytosomal formulations specifically tailored for cancer treatment. Future applications of phytosomal delivery techniques in cancer treatment exhibit substantial market potential. This is particularly noteworthy given the growing preference for natural remedies over conventional options in the realm of oncology. Phytosomes have the potential to emerge as a groundbreaking approach in cancer therapy, offering enhanced therapeutic outcomes with minimized side effects, aligning with the evolving landscape of holistic and natural treatment preferences in the medical community.

**Keywords:** Phytosomes; herbal medicines; cancer treatment.

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