

## PL13. PHYTOTHERAPY IN EUROPE AND TÜRKİYE

**Funda Nuray YALÇIN\***

Department of Pharmacognosy, Faculty of Pharmacy, Hacettepe University, 06100,  
Ankara, Türkiye.

\*Corresponding Author. E-mail: [funyal@hacettepe.edu.tr](mailto:funyal@hacettepe.edu.tr)

Phytotherapy is commonly defined as the study of using extracts of natural origin as medicines or health-promoting agents. According to European regulatory framework Directive 2004/24/EC (2001/83/EC), herbal medicinal products can be registered in Europe through their "Traditional use; Efficacy of the product plausible on the basis of long-standing use and experience (30 years/15 years)" or "Well-established medicinal use; Recognised efficacy and acceptable level of safety (10 years)". Although there are some differences between Türkiye and European Community member countries, the same rule is accepted. Herbal products registered as "Traditional medicinal herbal products", "Medical devices", and "Cosmetic products" by the Republic of Türkiye, Ministry of Health, Turkish Medicines and Medical Devices Agency or as "Food supplements" by the Ministry of Agriculture and Forestry in Türkiye. Herbal medicinal products are registered as Traditional herbal medicines are intended to be taken without a doctor's prescription, diagnostic tracking, or therapeutic monitoring.

**Keywords:** Phytotherapy; herbal medicine; food supplement; medical device.